

bread

2025 reading plan

ABBALOE  E

The New Testament & Psalms

This Journal Belongs To:

Name : _____

Phone : _____

Welcome to

Your Yearly Bible Reading Journey

In the same way that bread sustains our physical bodies, the Word of God sustains our spiritual lives. Just as bread provides nourishment and sustenance for the journey, the Bible offers sustenance for our souls, providing wisdom, guidance, and comfort for every step of our lives.

**BEFORE YOU READ GOD'S WORD EACH DAY,
SEEK HIS HELP WITH THESE PRAYERS**

1. God, give me wisdom, knowledge, and understanding.
2. God, let any knowledge I gain serve to help me love You and others more – and not puff me up.
3. God, help me see something new about You I've never seen before.
4. God, correct any lies I believe about You or anything I misunderstand.
5. God, direct my steps according to Your Word.

A YEAR IN THE NEW TESTAMENT AND PSALMS

Over the course of the next year, our church will be engaging in a corporate reading of the New Testament together, using this journal as a guide. The order of daily scripture readings has been thoughtfully curated to encourage more depth and insight. The Gospels are spread throughout the year, and books and letters by the same author are presented together for consistency. The letters of Paul are also arranged in the order they were most likely written to highlight the apostle's development of thought. To end each week, Saturday offers a Sabbath psalm reading featuring passages with clear New Testament connections. There are no readings on Sundays, leaving plenty of room for participation in corporate worship gatherings.

Imagine if we all did this as a church - an entire year, feasting on the story of Jesus, who declared himself "the bread of life." Imagine our character being primarily formed not by society's algorithms of outrage but by the non-anxious presence of Jesus. This is the opportunity we have before us.

So here's the simple invitation: We want to read through the New Testament and pray through the Psalms together in the next year - journaling through the text as family, wrestling with the same passages, asking questions and being drawn into a daily encounter with Jesus. Each day, we want to set aside our best time to immerse ourselves in the scriptures. When the alarm clock goes off, before we turn on our phones, get the email download, or check social media, we want to carve out space to breathe in the truth of what God says over us, letting his voice be the most formative voice in our lives. Rather than eating the bread of anxious toil as the Psalmist says, we want to eat the bread that truly satisfies. This is how we will become agents of kingdom renewal in the places we live, work, and spend our time.

May we become, as the Psalmist says, like a tree planted by streams of living water, sustained by the presence of God, providing shade for a weary city, and producing fruit that speaks of a better story.

HOW TO USE BREAD

BREAD is our modern take on Lectio Divina: an ancient approach of prayerfully engaging with the scriptures in order to hear God's personal word to you.

Rather than racing through the text each day, we encourage you to be present to the Spirit in each movement of BREAD. What we seek is not simply information, or even motivation, but communion and union with God.

Breathe

Find a place where you can encounter God. Be still. Ask him to fill the space, and then take a minute in silence. Focus on slowing your breathing down and calming your mind. Fix your eyes on Jesus and invite the Holy Spirit to guide your time.

Read

Read through the passage for the day. Read through the passage again, slowly. Look for one verse that stands out, grabs your attention, or interests you. Write out that verse in the "Read" section.

Encounter

Taking your chosen verse, begin to meditate on it. What comes to mind, and how does it make you feel? What do you think God is trying to reveal through this verse? Allow him to speak to your heart and mind. Write a short reflection on what you think God might be saying

Apply

Now, turn your focus outwards. Think about how you might be able to apply this to your day. Write down the one thing you're going to try and live out.

Devote

Finally, close by writing a simple prayer of devotion to God. Ask God to fill you afresh, and commit your day to him.

bread calendar 2025

Day 1 Luke 1	Day 2 Luke 2	Day 3 Luke 3	Day 4 Luke 4	Day 5 Luke 5	Day 6 Psalm 13	Day 7 OFF
Day 8 Luke 6	Day 9 Luke 7	Day 10 Luke 8	Day 11 Luke 9	Day 12 Luke 10	Day 13 Psalm 2	Day 14 OFF
Day 15 Luke 11	Day 16 Luke 12	Day 17 Luke 13	Day 18 Luke 14	Day 19 Luke 15	Day 20 Psalm 4	Day 21 OFF
Day 22 Luke 16	Day 23 Luke 17	Day 24 Luke 18	Day 25 Luke 19	Day 26 Luke 20	Day 27 Psalm 5	Day 28 OFF
Day 29 Luke 21	Day 30 Luke 22	Day 31 Luke 23	Day 32 Luke 24	Day 33 Acts 1	Day 34 Psalm 6	Day 35 OFF
Day 36 Acts 2	Day 37 Acts 3	Day 38 Acts 4	Day 39 Acts 5	Day 40 Acts 6	Day 41 Psalm 8	Day 42 OFF
Day 43 Acts 7	Day 44 Acts 8	Day 45 Acts 9	Day 46 Acts 10	Day 47 Acts 11	Day 48 Psalm 10	Day 49 OFF
Day 50 Acts 12	Day 51 Acts 13	Day 52 Acts 14	Day 53 Acts 15	Day 54 Acts 16	Day 55 Psalm 14	Day 56 OFF
Day 57 Acts 17	Day 58 Acts 18	Day 59 Acts 19	Day 60 Acts 20	Day 61 Acts 21	Day 62 Psalm 16	Day 63 OFF
Day 64 Acts 22	Day 65 Acts 23	Day 66 Acts 24	Day 67 Acts 25	Day 68 Acts 26	Day 69 Psalm 19	Day 70 OFF
Day 71 Acts 27	Day 72 Acts 28	Day 73 1 Thess. 1	Day 74 1 Thess. 2	Day 75 1 Thess. 3	Day 76 Psalm 22	Day 77 OFF
Day 78 1 Thess. 4	Day 79 1 Thess. 5	Day 80 2 Thess. 1	Day 81 2 Thess. 2	Day 82 2 Thess. 3	Day 83 Psalm 23	Day 84 OFF
Day 85 1 Cor.1	Day 86 1 Cor. 2	Day 87 1 Cor. 3	Day 88 1 Cor. 4	Day 89 1 Cor. 5	Day 90 Psalm 24	Day 91 OFF

bread calendar 2025

Day 92 1 Cor. 6	Day 93 1 Cor. 7	Day 94 1 Cor. 8	Day 95 1 Cor. 9	Day 96 1 Cor. 10	Day 97 Psalm 27	Day 98 OFF
Day 99 1 Cor. 11	Day 100 1 Cor. 12	Day 101 1 Cor. 13	Day 102 1 Cor. 14	Day 103 1 Cor. 15	Day 104 Psalm 31	Day 105 OFF
Day 106 1 Cor. 16	Day 107 2 Cor. 1	Day 108 2 Cor. 2	Day 109 2 Cor. 3	Day 110 2 Cor. 4	Day 111 Psalm 31	Day 112 OFF
Day 113 2 Cor. 5	Day 114 2 Cor. 6	Day 115 2 Cor. 7	Day 116 2 Cor. 8	Day 117 2 Cor. 9	Day 118 Psalm 34	Day 119 OFF
Day 120 2 Cor. 10	Day 121 2 Cor. 11	Day 122 2 Cor. 12	Day 123 2 Cor. 13	Day 124 Gal 1	Day 125 Psalm 36	Day 126 OFF
Day 127 Gal 2	Day 128 Gal 3	Day 129 Gal 4	Day 130 Gal 5	Day 131 Gal 6	Day 132 Psalm 37	Day 133 OFF
Day 134 Rom 1	Day 135 Rom 2	Day 136 Rom 3	Day 137 Rom 4	Day 138 Rom 5	Day 139 Psalm 40	Day 140 OFF
Day 141 Rom 6	Day 142 Rom 7	Day 143 Rom 8	Day 144 Rom 9	Day 145 Rom 10	Day 146 Psalm 45	Day 147 OFF
Day 148 Rom 11	Day 149 Rom 12	Day 150 Rom 13	Day 151 Rom 14	Day 152 Rom 15	Day 153 Psalm 46	Day 154 OFF
Day 155 Rom 16	Day 156 Col 1	Day 157 Col 2	Day 158 Col 3	Day 159 Col 4	Day 160 Psalm 51	Day 161 OFF
Day 162 Eph 1	Day 163 Eph 2	Day 164 Eph 3	Day 165 Eph 4	Day 166 Eph 5	Day 167 Psalm 62	Day 168 OFF
Day 169 Eph 6	Day 170 Philemon	Day 171 Phil 1	Day 172 Phil 2	Day 173 Phil 3	Day 174 Psalm 68	Day 175 OFF
Day 176 Phil 4	Day 177 1 Tim 1	Day 178 1 Tim 2	Day 179 1 Tim 3	Day 180 1 Tim 4	Day 181 Psalm 69	Day 182 OFF

bread calendar 2025

Day 183 1 Tim 5	Day 184 1 Tim 6	Day 185 Titus 1	Day 186 Titus 2	Day 187 Titus 3	Day 188 Psalm 78	Day 189 OFF
Day 190 2 Tim 1	Day 191 2 Tim 2	Day 192 2 Tim 3	Day 193 2 Tim 4	Day 194 Matt 1	Day 195 Psalm 82	Day 196 OFF
Day 197 Matt 2	Day 198 Matt 3	Day 199 Matt 4	Day 200 Matt 5	Day 201 Matt 6	Day 202 Psalm 86	Day 203 OFF
Day 204 Matt 7	Day 205 Matt 8	Day 206 Matt 9	Day 207 Matt 10	Day 208 Matt 11	Day 209 Psalm 90	Day 210 OFF
Day 211 Matt 12	Day 212 Matt 13	Day 213 Matt 14	Day 214 Matt 15	Day 215 Matt 16	Day 216 Psalm 91	Day 217 OFF
Day 218 Matt 17	Day 219 Matt 18	Day 220 Matt 19	Day 221 Matt 20	Day 222 Matt 21	Day 223 Psalm 94	Day 224 OFF
Day 225 Matt 22	Day 226 Matt 23	Day 227 Matt 24	Day 228 Matt 25	Day 229 Matt 26	Day 230 Psalm 95	Day 231 OFF
Day 232 Matt 27	Day 233 Matt 28	Day 234 Hebrews 1	Day 235 Hebrews 2	Day 236 Hebrews 3	Day 237 Psalm 140	Day 238 OFF
Day 239 Hebrews 4	Day 240 Hebrews 5	Day 241 Hebrews 6	Day 242 Hebrews 7	Day 243 Hebrews 8	Day 244 Psalm 102	Day 245 OFF
Day 246 Hebrews 9	Day 247 Hebrews 10	Day 248 Hebrews 11	Day 249 Hebrews 12	Day 250 Hebrews 13	Day 251 Psalm 104	Day 252 OFF
Day 253 James 1	Day 254 James 2	Day 255 James 3	Day 256 James 4	Day 257 James 5	Day 258 Psalm 110	Day 259 OFF
Day 260 Jude	Day 261 Mark 1	Day 262 Mark 2	Day 263 Mark 3	Day 264 Mark 4	Day 265 Psalm 111	Day 266 OFF
Day 267 Mark 5	Day 268 Mark 6	Day 269 Mark 7	Day 270 Mark 8	Day 271 Mark 9	Day 272 Psalm 112	Day 273 OFF

bread calendar 2025

Day 274 Mark 10	Day 275 Mark 11	Day 276 Mark 12	Day 277 Mark 13	Day 278 Mark 14	Day 279 Psalm 116	Day 280 OFF
Day 282 Mark 15	Day 282 Mark 16	Day 283 1 Peter 1	Day 284 1 Peter 2	Day 285 1 Peter 3	Day 286 Psalm 117	Day 287 OFF
Day 288 1 Peter 4	Day 289 1 Peter 5	Day 290 2 Peter 1	Day 291 2 Peter 2	Day 292 2 Peter 3	Day 293 Psalm 118	Day 294 OFF
Day 295 John 1	Day 296 John 2	Day 297 John 3	Day 298 John 4	Day 299 John 5	Day 300 Ps 119:1-40	Day 301 OFF
Day 302 John 6	Day 303 John 7	Day 304 John 8	Day 305 John 9	Day 306 John 10	Day 307 Ps 119:41-80	Day 308 OFF
Day 309 John 11	Day 310 John 12	Day 311 John 13	Day 312 John 14	Day 313 John 15	Day 314 Ps 119:81-120	Day 315 OFF
Day 316 John 16	Day 317 John 17	Day 318 John 18	Day 319 John 19	Day 320 John 20	Day 321 Ps 119:121-176	Day 322 OFF
Day 323 John 21	Day 324 1 John 1	Day 325 1 John 2	Day 326 1 John 3	Day 327 1 John 4-5	Day 328 Psalm 121	Day 329 OFF
Day 330 2 John	Day 331 3 John	Day 332 Rev 1	Day 333 Rev 2	Day 334 Rev 3	Day 335 Psalm 132	Day 336 OFF
Day 337 Rev 4	Day 338 Rev 5	Day 339 Rev 6	Day 340 Rev 7	Day 341 Rev 8	Day 342 Psalm 139	Day 343 OFF
Day 344 Rev 9	Day 345 Rev 10	Day 346 Rev 11	Day 347 Rev 12	Day 348 Rev 13	Day 349 Psalm 143	Day 350 OFF
Day 351 Rev 14	Day 352 Rev 15	Day 353 Rev 16	Day 354 Rev 17-18	Day 355 Rev 19-20	Day 356 Psalm 145	Day 357 OFF
Day 358 Mark 5						

Be with Jesus
Become like Jesus
Do what Jesus did